

Department: Technology
Course Name: My Notebook

Course Description:

Students will learn and practice skills necessary for academic success. This course is especially helpful for students transitioning to Hampton Roads Academy and for those who are still working on perfecting personal organization and effective study habits. The content and practices listed below will be explored and applied to current coursework in this first semester elective offered to 8th graders.

Content:

Note-taking methods
Reading strategies
Text analysis
Effective study skills
Time management
Organization
Test taking strategies

Skills:

Explore and practice various note-taking strategies
Analyze and practice effective reading strategies
Develop organization and study skills
Develop and apply test taking strategies
Explore time management practices
Apply effective essay writing skills to current assignments

Text and Materials:

Covey, S., The Seven Habits of Highly Effective Teens
Learning to Learn by Gloria Frender
Summer reading books
8th grade American Studies, Science textbooks
Word Power: Building and Maintaining a Stronger Vocabulary
Ridgewood Analogies: Critical and Creative Thinking across the Curriculum
Rak, Elsie, The Spell of Words
Quizlet (iPad app)

Methods of Instruction:

Discussion
Review of personal materials and notes
Application of learned skills to current coursework

Methods of Evaluation:

Daily participation grade